

# TRUMP INTERNATIONAL HOTEL & TOWER® CHICAGO

**For:** TRUMP INTERNATIONAL HOTEL & TOWER® CHICAGO

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**From:** IMR

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## TRUMP INTERNATIONAL HOTEL & TOWER® CHICAGO OFFERS A RUNNERS' RETREAT DURING 2016 BANK OF AMERICA CHICAGO MARATHON

CHICAGO, IL; September 27, 2016 – [Trump International Hotel & Tower® Chicago](#) invites participants and spectators of the [2016 Bank of America Chicago Marathon](#) on **Sunday, October 9** to take advantage of special amenities throughout the weekend. The Forbes Five-Star hotel will feature a refreshing pre-paration in the lobby, marathon transportation services, maps of local running paths, runner-inspired in-room dining menus and spa services to maximize focus, performance and recovery throughout the weekend.

### Race to the Finish Line

To gear up for the marathon, guests of Trump Hotel Chicago will be welcomed with in-room runner packets in addition to a Trump sports bag filled with Gatorade, Gatorade Energy Gels, Trump waters, apples and protein bars. The morning of the race, participants can take advantage of a lobby Endurance Station with an assortment of fresh fruit and energizing snacks to go. Transportation to Grant Park will also be available for guests and spectators at 5:30 a.m. and 7 a.m. on Sunday, October 9.

To further enhance an active weekend, guests can take advantage of the Trump Hotel Chicago's signature [TRUMP Wellness](#) program, a comprehensive triad of categories designed to support a healthy lifestyle. TRUMP Wellness includes:

- **Healthy Eats**  
The **Nourish** program supplements the hotel's in-room dining menu with a range of options, providing guests with sophisticated and flavorful vegan, gluten-free and organic selections with complete nutritional values while staying at Trump Hotel Chicago.
- **Guests on the Move**  
Designed for a busy schedule, **Quick Bites** provides an express in-room menu featuring health-wise and delicious options, with guaranteed delivery in 15 minutes or less.
- **Travel Fit**  
**Travel Fit** encourages guests to maintain their workout regimen while traveling, whether exercising in-room or in the fitness center. Equipment including yoga mats, stretch bands, free weights and more are available to guests upon request to their **Trump Attaché**, making it easy to stay fit without leaving the comfort of their room. For guests who forget to bring along workout gear, fitness apparel and footwear from [Under Armour](#) will be provided, along with iPod Shuffles pre-loaded with TRUMP CARD music genres.

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## **Pre- and Post-Race Fuel**

Trump Hotel Chicago will also offer guests a health-minded and energizing in room dining menu throughout the marathon weekend to fuel up the morning of the race, and recuperate following the marathon. Morning menu highlights include a Protein Power Shake made with banana, strawberry, almond milk and whey protein; Multigrain Pancakes with Fresh Berries and a Vegetable Frittata made with asparagus, spinach, wild mushrooms, tomatoes and rocket salad.

In the evening, guests can enjoy wholesome menu items, including a Turkey Burger served on a whole-wheat bun with avocado, teriyaki sauces and pickled ginger, Free Range Chicken Breast with seasonal glazed mushrooms, pan roasted seasonal vegetables and marsala jus and Pan Roasted Ora Gold King Salmon served with cauliflower puree, spinach, almonds and golden raisins.

## **Runners Recovery at The Spa at Trump**

To help soothe aching muscles post-26.2 miles, [The Spa at Trump](#) will offer a Runners Recovery massage, using formulated oil focused on the legs and feet. The Runners Recovery massage is priced at \$185 – guests who mention they participated in the 2016 Bank of America Chicago Marathon will receive a 20 percent discount.

**To learn more about The Spa at Trump Runners Recovery massage or to schedule an appointment, please contact The Spa at Trump at (312) 588-8020.**

For more information about Trump International Hotel & Tower Chicago, please call (312) 588-8000, (877) 479-TRUMP or visit the [website](#).

## **About Trump International Hotel & Tower® Chicago**

[Trump International Hotel & Tower® Chicago](#), located in the heart of the city at 401 N. Wabash Avenue, welcomed its first hotel guests in January 2008. The hotel, comprising floors 14-27 of a 92-story residential tower developed by the Trump Organization, features 339 luxuriously appointed guestrooms including one-, two- and three-bedroom suites; Sixteen, the two-star Michelin-rated restaurant featuring the modern American cuisine of Executive Chef Thomas Lents; The Spa at Trump® with 53 specially appointed spa guest rooms; the Trump Health Club; Rebar, a chic cocktail lounge; The Terrace at Trump and more. Designed by the noted architectural firm of Skidmore, Owings & Merrill with interiors by McGinley Design, Trump International Hotel & Tower® Chicago is a stunning addition to Chicago's distinguished skyline. The hotel and restaurant were each awarded five stars by the esteemed Forbes Travel Guide in 2015. The property has also been recognized by Travel + Leisure as one of the top 5 hotels for business travelers in the "World's Best Awards" 2012 and named one of the "World's Best Hotels" for 2013. For room and event reservations at Trump International Hotel & Tower® Chicago, call (312) 588-8000 or (877) 458-TRUMP (7867). Connect with the hotel on [Facebook](#), [Twitter](#) and [Instagram](#).

## **About TRUMP HOTELS™**

Launched in October 2007, Trump Hotels is a family enterprise with an unparalleled history of providing extraordinary customer experiences around the world. Our hallmarks include unique and inspired design at iconic hotels in renowned locations globally, complemented by fully focused and authentic personal service. Founded and led by internationally renowned developer Donald J. Trump and his children, Donald Jr., Ivanka and Eric, the prestigious portfolio includes Trump International Hotel & Tower® New York, Trump International Hotel & Tower® Chicago, Trump International Hotel™ Las Vegas, Trump® International Hotel Waikiki, Trump SoHo® New York, Trump® International Hotel & Tower Panama, Trump International Hotel & Tower Toronto®, Trump National Doral® Miami, and Trump International Golf Links & Hotel™, Ireland. With a growth strategy to deliver exceptional hotel and resort offerings in key gateway cities and travel destinations around the world, TRUMP HOTELS™ expands to Vancouver, Washington, D.C. and Rio in 2016, and to Asia for the first time with projects in Lido and Bali, Indonesia. Reservations can be made at [www.TrumpHotelCollection.com](http://www.TrumpHotelCollection.com) or by calling (855) TRUMP-00 (855-878-6700). Connect with TRUMP HOTELS™ on its social media pages.

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## **About Trump Estate Collection**

As part of the Trump Hotels, the Trump Estate Collection is comprised of extraordinary, diverse properties that feature Trump's signature standard of Five-star hospitality and service excellence to provide the ultimate travel experiences. There are currently two properties within the Estate Collection including Albermarle Estate at Trump Winery in Charlottesville, VA and MacLeod House & Lodge in Aberdeen, Scotland.

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